



Hot Lunch Menu

Minimum Group Size - 8

£7 per person

Choice of two of the following

- Steamed salmon parcels with potatoes and veg
- Chilli con carne (made with fresh chillis to be hot or mild)
- Jamaican Jerk Chicken, Lemon & coriander sauce and rice
- Lasagne
- Turkey, Leek and bacon pie
- Sausage and Mash with freshly made red wine gravy
- Chickpea Curry (V)
- Black bean burgers with chutney, chips or couscous (V)
- Cashew nut chicken or vegetable korma with rice and naans

Selection of soft drinks, tea and coffee

Selection of sweets and cakes

All the food made at High Ropes Adventure can be tailored to your specific needs. Please let us know of any dietary requirements or allergies at the time of booking. We'll supply everything you need for the party, so after you've finished the ropes course it'll all be set up.